



2022-2023: CFRW Membership Goals Awards * NFRW Diamond Award Club * NFRW CA Political & Campaign Hours Award

2024 Events Calendar

- Mar 5: Election Day-Primary
- Mar 6 – Apr 5: Vote counting at Civic Center-We observe
- Mar 11: Field trip to MAF-pack care boxes for troops
- Mar 17: St. Patrick’s Day
- Mar 27: MRWF Luncheon 11:30am-1:00pm, Club at McInnis, San Rafael. Board Meeting at 10am
- Mar 28: MarinGOP on-line Central Committee, 7pm
- Mar 29: MRWF Satellite Club 6pm–9pm, DaSilva Island, Mill Valley
- Mar 31: Easter Sunday
- Apr 1: Field trip to MAF-pack care boxes for troops
- Apr 24: MRWF Luncheon 11:30am-1:00pm, Club at McInnis, San Rafael

Luncheon Meeting, Wednesday, March 27th

**The Club Restaurant at McInnis Park, 350 Smith Ranch Road, San Rafael
11:30 am – 1:00 pm**

Speaker: Dr. Caralina Kvalstad, D.C., Healer, Coach, and Chiropractor

Topic: Standing Tall



“Oh, my aching back,” a comment often made after sitting at a computer for hours, working in the garden, babysitting grandchildren, or just years of slouching. As we age, the goal of staying pain free and healthy seems more challenging. But we all agree, life is better enjoyed when we are pain free and healthy. Stand up, stand tall!

Our March speaker, Dr. Caralina Kvalstad, is a Healer, Coach, and Chiropractor who uses an integrative approach that individualizes every

patient’s treatment. No two patients have identical issues, so drawing from multiple therapeutic methods, she can best serve patients. Dr. Kvalstad’s sessions may include Chiropractic Care, CranioSacral Therapy, and Massage Therapy. By combining these different practices, her integrative approach serves to treat a patient’s health problem more effectively.

Standing tall is a key. Come learn what we can do to improve our health, maybe even learning how we can avoid that “Dowager's Hump” and work out that “pain in the neck.”

Elise Vitale, 1st VP, Programs

2024 MRWF Officers

- President:**
Mary Grove 895-8638
President@marinrepublicanwomen.com
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Membership@marinrepublicanwomen.com
- 3rd VP/Co-Events:**
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Events@marinrepublicanwomen.com
- Secretary:**
Judy Groesbeck 706-0083
- Treasurer:**
Ruth Holly 810-3144
- Newsletter:**
Faye Bourret 702-524-7793
Newsletter@marinrepublicanwomen.com

Reservations: \$ 36 members; \$ 38 non-members Deadline: Fri. Mar. 22nd

I will attend March 27th:

Name: _____
Email: _____
Phone: _____

Lunch Choice:

- ___ Chinese Chicken Salad
- ___ Fish and Chips

Mail reservations to: Jay Kist, 49 Bellevue Avenue, San Rafael, CA 94901

Reservations Phone: 847-217-6037

Email: events@marinrepublicanwomen.com

Make Check payable: MRWF

Reserve - On-line link:

<https://secure.anedot.com/mrwf/luncheon-reservations>

Note: *Zip Code* – be sure you enter it or your transaction will not complete.

Notice: *Advance reservations required. Lunch reservations, unless cancelled the Friday before the event, will be billed to you. If you arrive with no reservation it disrupts our service to the attendees and the restaurant.*

Visit us on the web at www.marinrepublicanwomen.com

Marin Republican Women, Federated

President's Report

Community Service

Our inspirational member, Mary Elsbree, has volunteered to organize the troop cards and the children's book drive. Mary wrote the paragraphs below.

At the February meeting, our club signed 50+ thank you cards for the troops to go in the troop boxes packed by Moving America Forward in Sacramento. Bins with thank you cards and pens will now be on the tables at every meeting. Please come early and sign as many cards as possible.

In March, we will hold our first children's book drive for **The Book Exchange** in San Rafael. Gently used or new chapter books for children (grades 1st-8th grade) are needed. A special request was made for any books about soccer. Books can be obtained at local yard sales, Facebook Marketplace, or eBay. In eBay, search "used bulk children's chapter books free shipping." There are many listings under \$25 with no shipping fees. Alternatively, visit The Book Place at 1608 Grant Avenue in Novato. All books should be brought to the March meeting. Donor forms from The Book Exchange will be available at the meeting for tax purposes.

Many thanks for your continued support of our club's community service efforts!

"Great acts are made up of small deeds." -- Lao Tzu

In addition, as I wrote in a previous president's message, please attend the movie "Ordinary Angels." It is showing in on-line and in local theaters Cinemark Northgate and Rowland.

Let's do more in 2024!

Mary Grove, President



The Book Exchange is a community service organization run entirely by volunteers who believe in the power of literacy to change lives.

Membership Report

The March equinox is on Tuesday, March 19, 2024. The word equinox is derived from two Latin words—aequus (equal) and nox (night). The equinox is famously the time of balance, with theoretically 12 hours of sunshine and 12 hours of non-sun. Choose a clear day, grab a refreshment, and watch the sun setting. See how many minutes it takes for the entire body of the sun to sink below the horizon. Spring brings the blooming flowers: azaleas, cherry blossoms, daffodils, magnolias, and tulips. Get outdoors and explore the beauty of Mother Nature's spring flowers extravaganza surrounding us.

Welcome new members **Christine McCampbell, Carolyn Meyers, and Nancy Cherney**. We need new members to join Marin Republican Women's Federated. Let's each of us try to bring in at least one new member.

We are requesting that all 2024 Regular and Associate member dues be sent at your earliest convenience. Regular membership is \$45 and Associate is \$25. Associate members are women who are regular members at another club, men, and non-citizens.

Goal: We have 5% of our traditional members owing dues. Help us meet our goal of 100% renewals!

On-line: You may use our online form and payment site: www.marinrepublicanwomen.com/membership-form.php

By Check: You may mail your check payable to **MRWF** and the form on Page 7 to: A. Donato, 188 San Marino Drive, San Rafael, CA 94901-1358.

Please invite your family, friends, and neighbors to explore our website at www.marinrepublicanwomen.com. You will find great information about Marin Republican Women, Federated.

Email me with any questions you have at this email address: Membership@marinrepublicanwomen.com.

Anitamarie Donato, 2nd VP, Membership



Americanism

A New American Tries to buck Up His Countrymen

Gerard Baker, a WSJ editor became a U.S. citizen late last year. In his column (title above) he wrote how he had lived here two-thirds of his adult life and it was well past time. Some of his more poignant observations:

Naturalized, like hot dogs, denim, and democracy were not made in America, but definitely improved here. [...] Many Americans — of all political persuasions — don't properly understand the uniquely benign place this country occupies in the history of human progress, and how, for all its flaws, it retains that standing.

Perhaps as a new American I haven't yet become sufficiently cynical about this country, but retain an old-fashioned belief in the triumph of its ideals.

If it's the obligation of an immigrant to be idealistic, it's an even greater obligation to be humble. As a new American, I recognize that I have a special obligation to this country. I have a realistic enough appreciation of my talents to know that in a nation of 330 million or more people, there are many born here who could have enjoyed the benefits that I have enjoyed as an outsider. America owed me — owes me — nothing and yet has given me, and countless others, so much.

Whatever the challenges this year throws at us, my faith in my country will be undimmed.

From WSJ print edition, January 9, 2024.

Anna Mae Maly, Americanism Chair

Marin Republican Women, Federated

Member Birthdays



You deserve everything happy as the Irishman in you would be sayin'. Warmest wishes all year long to our March birthdays!

Regular Members - **Anitamarie Donato, Margarita Dreyer, Patricia McEntee, Donna Pfeiff, and Elaine Gilbert.**

Associate Members - **Elinor Lacy, James Redpath, and Joe Tassone.**

Anitamarie Donato, 2nd VP Membership

Community Action Reports

Veterans

Unfortunately, the Veterans' Homes cannot accept your donations at this time. Here is what you can do to continue your support for our Veterans.

Go to **Move America Forward** and support our Active Duty Troops. Donate a package to a Trooper, a Squad or a Platoon! **It is easy #1.** This is your link:

www.moveamericaforward.org



It is easy #2. Join us for a Field Trip!

MRWF team will be **carpooling on March 11, 2024** to Sacramento to the MAF warehouse. We will pack boxes for sending to active duty troops. Text Anne at 415-302-0330 to reserve a spot in the carpool.



Anne Brenneis – Veterans Projects

Satellite Club – Conservative Conversations, Cocktails, and Comestibles

We spent a lovely evening at Cindy and Chuck's beautiful home in San Rafael. As usual, we had delicious food to share: shrimp, meatballs, and an assortment of crackers and cheese. It is wonderful how creative our members get with foods from other countries, some of which I can't readily name. Sushi and baklava are known to all, but some of the other foods are "Greek" to me!

We sure have a good time surmising how this year is going to go and everyone is praying Biden will no longer be our quasi-president with Obama pulling all the strings. It is quite frightening. Can we outmaneuver the Globalists? I sure hope so or our great country will be no more. Let's all work hard to campaign for our side and win in November.

Our March Satellite will be at De Silva Island on Friday, March 29. Yes, we have two Satellite events in March because February had an extra day for leap year. It's always good to have an extra day in one's life! Hope to see you there!

Beverly Erbel – Satellite Chair

FLY YOUR FLAG on these days in March 2024

March 5	Election Day
March 31	Easter Sunday



2024 Election - Important Dates (from Secretary of State Website)	
Early Voting sites open	February 5
By this date, all counties shall open ballot drop-off locations for vote-by-mail ballots. To find a location, please visit: https://caearlyvoting.sos.ca.gov/	February 6 – March 5
Last day to register to vote for the primary election. To check your voter registration status, visit MyVoterStatus	February 20
Same Day Registration available. Voters can "conditionally" register and vote a provisional ballot during this time (Note: E-13 due to State Holiday on February 19)	February 21 – March 5
Voter's Choice Act counties to open Vote Centers	February 24
Election Day – Polls shall be open throughout the state from 7:00 a.m. to 8:00 p.m.	March 5
Beginning at 8:00 p.m., county elections officials begin reporting election results; counties shall conduct the semifinal official canvass of votes and report totals to the Secretary of State at least every two hours until completed.	March 5

Marin Republican Women, Federated

Legislative Report

By Ruth Holly – MRWF Legislative reporter

This year the California legislature has introduced 2,124 bills. Of the 2,600 bills introduced last year, 890 were signed into law.

The US Federal Government continues efforts to surveil and control the population in the name of “safety.” The 2021 US Infrastructure Bill requires all new passenger motor vehicles at a future date to have advanced technology to determine if a driver is drunk and/or impaired and to shut down the vehicle. The Congress did not specify the technology or date of implementation, but instead delegated its responsibility to the administrative state. The Secretary of Transportation is required to issue a rule prescribing a new Federal safety standard by November of this year. Car manufacturers will have up to 3 years to comply with the rule. Driving erratically to escape danger will no longer be allowed.

State Senator Scott Wiener is also attempting to increase surveillance and control of California residents with **SB 961**, which would require every new motor vehicle, truck, and bus starting in model year 2027 manufactured or sold in California to be equipped with intelligent speed limiter technology. Vehicles would be limited to 10 miles above the speed limit. Emergency vehicles would be exempt from the regulation. Speeding to escape danger would no longer be allowed.

Huntington Beach has placed a city charter amendment on the ballot that would require voter identification, ballot drop box monitoring, and electors to be US citizens, at least 18 years old, and city residents. Their State Senator Dave Min, a Democrat, has introduced **SB 1174** to thwart the city and any other local government from requiring voter ID to decrease voting fraud.

[How many bills in the 2024 California Legislature? \(bluelena.io\)](#)
[Does Infrastructure Bill Require Surveillance System in New Vehicles to Track Drivers? | Snopes.com](#)
[Bill Text - SB-961 Vehicles: safety equipment. \(ca.gov\)](#)

The following 3 initiatives need your signature to qualify for the November ballot:

Congressman Kevin Kiley is using an initiative to end Proposition 47 as a campaign strategy. You can request a copy of the ballot initiative to sign at his website [End47.com](#). Proposition 47 reduced theft of \$950 or less from a felony to a misdemeanor. The real question is why law enforcement and district attorneys are not prosecuting misdemeanor property crimes.

[Protect Kids of California Act of 2024 \(protectkidsca.com\)](#) The initiative will: (1) repeal the California law that permits male students to compete in female's sports and male students to be in females' locker rooms and bathrooms; (2) prohibit schools from deceiving parents about their student's gender identity crisis and stop them from secretly transitioning a child; and (3) stop sex change operations and chemical castrations on minors.

[Repeal the Death Tax \(hjta.org\)](#) Dateline: February 26, 2024. In a major recent development, efforts in California to place a repeal of [Proposition 19](#) on the November 2024 ballot have fallen short. The Howard Jarvis Taxpayers Association (HJTA) spearheaded a campaign to collect signatures for the "Repeal the Death Tax" initiative. Still, despite their considerable efforts, they were unable to gather the required number of signatures.

* * * * *

BALLOT MEASURES AND ELECTION INFORMATION

UNDERSTANDING PROPOSITION 1

Proposition 1 Authorizes \$6.38 Billion in bonds to build mental health treatment facilities for those with mental health and substance use challenges; provides housing for the homeless. Legislative statute.

SUMMARY

Put on the Ballot by the Legislature

Amends Mental Health Services Act to provide additional behavioral health services. **Fiscal Impact:** Shift roughly \$140 million annually of existing tax revenue for mental health, drug, and alcohol treatment from counties to the state. Increased state bond repayment costs of \$310 million annually for 30 years.

Supporters: California Professional Firefighters; CA Assoc. of Veteran Service Agencies; National Alliance on Mental Illness—CA

Opponents: Mental Health America of California; CalVoice; and Howard Jarvis Taxpayers Association;

WHAT YOUR VOTE MEANS

YES A YES vote on this measure means: Counties would need to change some of the mental health care and drug or alcohol treatment services provided currently to focus more on housing and personalized support services. The state could borrow up to \$6.4 billion to build (1) more places where people could get mental health care and drug or alcohol treatment and (2) more housing for people with mental health, drug, or alcohol challenges.

NO A NO vote on this measure means: Counties would not need to change the mental health care and drug or alcohol treatment services provided currently. The state could not borrow up to \$6.4 billion to build more places where people could get mental health care and drug or alcohol treatment and more housing for people with mental health, drug, or alcohol challenges.

* * * * *

U.S. Congress seat vacated by Kevin McCarthy – What happens now?

There is a special election on May 21, 2024 for the Central Valley California seat in the U.S. Congress vacated by Kevin McCarthy.

Governor Gavin Newsom issued a proclamation declaring a special election for the 20th Congressional District.

(Continued on Page 5 Column 1)

Marin Republican Women, Federated

(Continued from Page 4 Column 2)

(Continuing) What happens now?

Newsom set the primary for the special election in the state's 20th Congressional District for **March 19th**, a contest that will include candidates of any party. If no candidate wins a majority of the vote in the Bakersfield-area district, the top two candidates, regardless of party, will move on to a general election, scheduled for **May 21st**. The winner will serve for the remainder of McCarthy's House term.

Meanwhile, the election to win McCarthy's seat for a full term in November will already be underway, with a primary set for **March 5th**. Several state and local GOP officials, including Assemblymember Vince Fong, former congressional candidate David Giglio and Tulare County Sheriff Mike Boudreaux, are already vying for the seat.



MRWF Field Trip Report

Field trips to pack boxes for active duty troops

Join Faye and all for the next trips, **March 11th**. We will be carpooling.. Meet others at 8:15am on Highway 37 exit 'Atherton Ave.' Park-n-Ride. If no one else is there waiting just get on the highway and drive yourself. Text Faye for the address: 702-524-7793 if you need to.

Writing 100 cards each month is what Beverly does; and now Margaret St. John and Mary Elsbree are joining in that project. The Troops love those personal hand-written notes.



Right side: Nancy Barnard and VFW gal. Faye Bourret in the way-back

Vote Safe and a Little More in 2024 by Election Integrity Project - Ca Part 8 - Election Day is Just the Beginning

Election Day is March 5th.

At that point, it's all over, right?

WRONG!

The majority of both in-person and vote by mail ballots actually come in on Election Day.

- The in-person votes will be counted that night.
- All of the envelope ballots (vote by mail, provisional and conditional) will be dealt with **starting the day after Election Day**.
- Furthermore, mail-in ballots will continue to come in and be legally accepted for seven (7) additional days.

Processing of mail-in ballots and provisional ballots continues until April 5 - one month later.

This 30-day period is the most essential for citizen oversight.

With such a large volume of ballots to process and a fixed finish line, action may be fast and furious at the processing centers. Many counties will have extended hours, late into the evening and on weekends.

The temptation to rush the job to finish on time will threaten the careful scrutiny every envelope and every California voter deserves.

The presence of Citizen Observers will make a difference.

If you have already been out there observing, THANK YOU!! EIPCa

Visit us on the web at www.marinrepublicanwomen.com

Marin Republican Women, Federated



Chloe Cole
De-transitioner
"True Story: Transition and Back"

Tuesday March 19, 2024

Marin Country Club | 500 Country Club Dr., Novato
Speaker 11:30 | Lunch 12:15
\$37 | \$32 members and their guests
Register on-line at www.Novatorw.org
By email: Nrw.lunch@gmail.com
→ phone: 415-878-6220



CALIFORNIA REPUBLICAN PARTY

★ 2024 CONVENTION ★

May 17 - 19, 2024 | Burlingame, California

Registration Now Open!
California Republican Party Spring Convention

May 17-19, 2024

Hyatt Regency San Francisco Airport
Burlingame

Registration – *Early Bird Pricing*
(available until Friday, April 12, at 5:00pm)



March 28, 2024
Thursday, 7:00 pm
Terra Linda Recreation
Center or Zoom

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Eva M. Benard, MBA
Global Real Estate Advisor
Telephone +1 415 497-5702
eva.benard@evrealestate.com
evabenard.evrealestate.com
DRE# 00772873

Marin

To MRWF:
Eva will donate
\$1000 after
each sale
referred to her
by a Member.

James Redpath
Proprietor
415-722-0251
redsy@earthlink.net

JSR Redsy Property Maintenance

3772 Kerner Blvd.
San Rafael, CA 94901

COMPASS

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Luteles Concerto BWV 971
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Munda Musica The Munda Musica Foundation www.MundaMusica.org
The Munda Musica Foundation thanks Lee Levine for providing the artwork for our albums. See more of her work at www.leelevine.com

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Join MRWF
Like-minded Marin citizens
working to ensure the Right results

Membership Application Marin Republican Women, Federated

The Price of Liberty is Eternal Vigilance – Thomas Jefferson

I am a Republican and wish to Join | Renew Membership (Enclosed are my dues of \$45)

I am a Republican and wish to Join as an Associate | Renew as an Associate Member
 (Enclosed are my associate dues of \$25) I am currently a member of : _____ RWF
 (Associate Members are members of another Federated Republican Women’s Club, citizenship other than US or Republican men)

I heard about MRWF from: _____

My Name: _____
 Address: _____ City, State, Zip: _____
 Phone: _____ Email: _____

I would like to help with: Hospitality Voter Registration Phoning Community Action
 Technology Events Other ways I can help: _____

My Birthday month _____ (for Newsletter recognition only). Mate’s Name: : _____

Send Newsletter via: Email (*preferred- saves club mailing costs*) Mail Both Email & Mail

Membership Roster via: Email (*preferred- saves club printing costs*) Hard Copy for pick up at meetings
 OR Hard Copy mailed – **include additional \$5.00**

By Check: You may mail your check payable to **MRWF** and this form to: *Anitamarie Donato, 188 San Marin Dr., San Rafael, CA 94901*

On-line: You may also use our online form and payment site: www.marinrepublicanwomen.com/membership-form.php

Feel free to contact our membership team with questions: membership@marinrepublicanwomen.com

THE PRICE OF LIBERTY IS ETERNAL VIGILANCE—THOMAS JEFFERSON

Marin Republican Women Federated
San Rafael, CA 94912

*Dr. Caralina Kvalstad, D.C.,
Healer, Coach, Chiropractor
Standing Tall*

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www.marinrepublicanwomen.com



WHERE TO WRITE, EMAIL, FAX OR TELEPHONE OFFICIALS

President: Joseph R. Biden (D)

1600 Pennsylvania Ave. NW, Washington, DC 20500
Switchboard 202-456-1414; email: <https://whitehouse.gov/contact>
Comment Line: 202-456-1111; FAX 202-456-2461

Senator: Alex Padilla (D)

Russell Senate Office Bldg. Ste. B03, Washington, DC 20510
202-224-3553, Fax 202-224-2200
Email website: <https://www.padilla.senate.gov>
333 Bush Street, Suite 2450, San Francisco, CA 94014
PHONE: 415-981-9369 FAX: 202-224-0454

Senator: Laphonza Butler (D)

Dirksen Office Bldg. Room G-12, Washington, DC 20510
202-224-3841; FAX
email website: <https://www.butler.senate.gov>
One Post Street, Suite 2450, San Francisco CA 94104
415-393-0707; FAX

Representative: Jared Huffman (D) 2nd District

1527 Longworth House Office Bldg., Washington, DC 20515
202-225-5161; FAX 202-225-5163
email website: <https://huffman.house.gov/contact>
999 Fifth Avenue, Suite 290, San Rafael, CA 94901
415-258-9657; FAX 415-258-9913

State Senator: Mike McGuire (D) 2nd District

1303 10th Street, Sacramento, CA 95814
916-651-4002; FAX 916-323-6958
website: www.sd02.senate.ca.gov
3501 Civic Center Dr., Rm. 425, San Rafael, CA 94903
415-479-6612; FAX 415-479-1146

Assemblyman Damon Connolly (D) 12th District

State Capitol, POB 942849, Sacramento, CA 94249
website: <https://a12.asmdc.org>
Marin County Civic Center Rm. 412, San Rafael, CA 94903
415-479 4920; FAX 415-479-2123

Toll free Congress 1-800-826-3688

Governor Gavin Newsom (D)

State Capitol, Sacramento, CA 95814
916-445-2841 (pending bills, issues)
916-658-2792 24 hr. hotline; FAX 916-445-3160
email: <https://govapps.gov.ca.gov/gov40mail/>

Marin County Board of Supervisors

Civic Center ,Suite 329, San Rafael, CA 94903
415-499-7331; FAX 415-499-3645

Supervisor Mary Sackett 415-473-7354

District 1: San Rafael

Supervisor Katie Rice 415-473-6159

District 2: Ross Valley, part of San Rafael

Supervisor Stephanie Moulton-Peters 415-473-7331

District 3: Southern Marin

Supervisor Dennis Rodini 415-473-3246

District 4: Corte Madera, Larkspur, Homestead Valley, W. Marin,
parts of Novato & San Rafael

Supervisor Eric Lucan 415-473-7331

District 5: Novato

Marin Republican Party

603 Del Ganado Suite 6787, San Rafael, Ca 94903
415-446-4111 www.maringop.org

California Federation of Republican Women

President CFRW: Lydia Kanno

Email: infoCFRW@gmail.com
website: [Home - California Federation of Republican Women \(cafrw.org\)](http://Home-California Federation of Republican Women (cafrw.org))

CFRW Regional Director – Region 1

Camille LaSardo

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Mike Gallagher	M-F, 6-9am
Dennis Prager	M-F, 9-11am
Charlie Kirk	M-F, 11-12N
Sebastian Gorka	M-F, 12N-3pm
Brandon Tatum	M-F, 3-6pm
Jay Sekulow	M-F, 6-7pm
Phil Grande	M-F, 7-8pm

WEBSITES OF INTEREST

NFRW	www.nfrw.org
Cal Assembly	www.assembly.ca.gov
Calif Senate	www.sen.ca.gov
Calif Repub Party	www.cagop.org
US House of Rep	www.house.gov
US Senate	www.senate.gov
Rep Nat'l Comm	www.rnc.org

KSFO – 560 AM	SHOWS
Armstrong&Getty	M-F, 6-9am
Dan Bongino	M-F, 9-12N
Sean Hannity	M-F, 12-3pm
Mark Levin	M-F, 3-6pm 877-381-3811
Dave Ramsey	M-F, 6-9pm
Ben Shapiro	M-F, 9-11pm
Dan Bongino	M-F, 11-12M

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